



Don't forget to eat your vegetables!

Northwest High School

November 2018

Fresh Vegetable Choices and Seasonal Fruit are offered daily

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



31

1
BBQ Meatball Sub
Crispy Chicken Sandwich
Ham Deli Sub Sandwich
Assorted Pizzas

2

5
Sloppy Joe on a Bun
Grilled Chicken Sandwich
Chicken Caesar Salad
Assorted Pizzas

6
Baja Fish Tacos
Cheeseburger on Bun
Ham Deli Sub Sandwich
Assorted Pizzas

7
Pizza Bake
Garlic Breadstick
Spicy Chicken Patty on Bun
Chef Salad
Assorted Pizzas

8
Chicken Fried Rice
Stir Fry Vegetable
Bread Stick
Cheeseburger on Bun
Honey Mustard Ham Wrap
Assorted Pizzas

9
Cheesy Italian Flatbread
Spicy Chicken Patty on Bun
Southwest Chicken Salad
Assorted Pizzas

12
Chicken Parmesan w/Pasta
Garlic Toast
Cheeseburger on Bun
Turkey BLT Wrap
Assorted Pizzas

13
Turkey Nachos Supreme
Crispy Chicken Sandwich
Buffalo Chicken Salad
Assorted Pizzas
Birthday Cake

14
Popcorn Chicken Bowl
Turkey Deli Sandwich
Chef Salad
Assorted Pizzas

15
Ham, Egg & Cheese on English Muffin
Cheeseburger on Bun
Spicy Chicken Patty on Bun
Assorted Pizzas

16
Homemade Salisbury Steak
Mashed Potatoes
Gravy
Whole Grain Dinner Roll
Crispy Chicken Sandwich
Crispy Chicken Salad
Assorted Pizzas

19
Chicken Alfredo w/Pasta
Cheeseburger on Bun
Crispy Chicken Wrap
Assorted Pizzas

20
Philly Flatbread
Chili Dog
Buffalo Chicken Salad
Assorted Pizzas

21

22

23

26
Beef Chili
Cornbread
Ham Deli Sub Sandwich
Buffalo Chicken Salad
Assorted Pizzas

27
Hamburger Gravy
Whole Grain Dinner Roll
Spicy Chicken Patty on Bun
Ham Deli Sub Sandwich
Assorted Pizzas

28
Salisbury Steak Sandwich
Sugar Cookie
Crispy Chicken Sandwich
Chef Salad
Assorted Pizzas

29
Beefy Nachos with Cheese
Refried Beans
Cheeseburger on Bun
Buffalo Chicken Wrap
Assorted Pizzas

30
Southern Chicken Biscuit
Corn Dog
Southwest Chicken Salad
Assorted Pizzas

Prices

Regular	\$3.00
Reduced	\$.40
Adult	\$3.25
Extra Entrée	\$1.50

HARVEST OF THE MONTH



EXTRA INFO

Milk Choice of 1% white, low fat strawberry, or low fat chocolate is included with lunch. For questions or comments, Contact Cory Freeman @ 740-259-2528 or Cory.freeman@nwmohawks.org

