



Dont Forget your Fruit & Vegetables

# Northwest High School Vegetable

Fresh Selection of Fruits and Vegetables Served Daily

December  
2018

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

26

27

28

29

3

3

4

5

6

7

Baked Beans  
Baby Carrots  
Kettle Potato Chips  
Fresh Fruit

Corn  
Cherry Tomato  
Lettuce Romaine Mix  
Fresh Fruit

**HOM Persimmon**  
Green Beans  
Broccoli Florets  
Cauliflower Floret  
Fresh Fruit

Cucumber Slices  
Black Beans  
**Greek Oven Roasted Potatoes**  
Fresh Fruit

Broccoli Florets  
Red Peppers  
Celery Sticks  
Fresh Fruit

10

11

12

13

14

Baked Beans  
Lettuce Romaine Mix  
Green Peas  
Fresh fruit

Broccoli Florets  
Baby Carrots  
Mixed Veggies  
Fresh fruit

Pinto Beans  
Lettuce Romaine Mix  
Kettle Potato Chips  
Fresh Fruit

Broccoli Florets  
Cherry Tomato  
Kettle Potato Chips  
Fresh fruit

Hash Browns  
Cherry Tomato  
Baby Carrots  
Lettuce Romaine Mix  
Fresh Fruit

17

18

19

20

21

Hash Browns  
Baked Beans  
Celery Sticks  
Fresh Fruit

Green Beans  
Sweet Potatoes  
Cheesy Mashed Potatoes  
Fresh Fruit

Lettuce Romaine Mix  
Black Beans  
Pepper Medley  
Fresh Fruit

**HOM Cabbage**  
Potato Wedges  
Pepper Medley  
Cherry Tomato  
Lettuce Romaine Mix  
Fresh Fruit

24

25

26



Regular	\$3.00
Reduced	\$.40
Adult	\$3.25
Extra Entree	\$1.50

### HARVEST OF THE MONTH



### EXTRA INFO

For Questions or concerns contact Cory Freeman  
@ 740-259-2528 or @  
cory.freeman@nwmohawks.org

