

Study Guide

Directions: Answer the following questions as you read the chapter. They will help you focus on the main points. Later, you can use this guide to review and study the chapter information.

Section 7–1: Infant Growth and Development

1. Do the terms “growth” and “development” mean the same thing? Explain _____

2. Give an example of each of the following patterns of development.
 - A. Head to toe: _____

 - B. Near to far: _____

 - C. Simple to complex: _____

3. What are developmental milestones, and why are they useful? _____

4. Will inherited talents always emerge in children? Why or why not? _____

5. Why is proper nutrition essential for an infant? _____

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Physical Development of Infants

Chapter 7 continued

6. How does good health influence an infant's development? _____

7. Is it the quantity or variety of experiences a child has that impacts brain development?

8. What makes a place a stimulating environment for a baby? _____

9. Use the figure on page 198, to determine whether each of the following statements is True or False.
A. At one year of age, boys are typically longer than girls. _____
B. At birth, boys and girls typically weigh about the same. _____
C. Between the ages of 3 months and 12 months, girls typically weigh less than boys. _____
10. Using your understanding of averages, explain when parents should become concerned if their baby is above or below average in weight according to growth charts.

11. Describe how the development of depth perception impacts a baby's interaction with the world.

12. Classify each of the following movements as a reflex, gross motor skill, or fine motor skill.
A. Rolling over: _____
B. Drinking from a cup: _____
C. Sucking: _____
D. Crawling: _____
E. Grabbing a finger placed in the baby's hand: _____
F. Picking up food with the thumb and forefinger: _____
13. At about what age do babies usually take their first steps alone? _____
14. Why is the development of hand-eye coordination important? _____

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Section 7-2: Caring for an Infant

15. What special precaution must be taken when picking up or holding a newborn? _____

21. Give two examples of foods that usually work well as a baby's first solid foods. _____

22. Why do experts discourage giving babies fruit juice during their first six months? _____

25. How much should an infant be allowed to eat? _____

26. When a baby begins to self-feed, some foods should be avoided because they may cause choking. Give three examples of such foods. _____

27. Why is it necessary to burp the baby during a feeding? _____

28. What is weaning? About when are babies ready to wean? _____

29. When the baby is ready for solid foods, new foods should be introduced at least four days apart. Why? _____

30. What condition could result if a baby does not receive enough of the right types of foods? _____

31. About how warmly should you dress a baby compared to an adult? _____

Section 7-3: Infant Health and Wellness

33. When babies reach the age of two or three months, about how often should you bathe them?

34. What are the symptoms of cradle cap? _____

35. How can you treat diaper rash? _____

36. Briefly summarize the steps involved in changing a diaper. _____

37. At about what age do babies begin teething? _____

38. Give three signs that a baby may be teething. _____

39. How can you reduce a baby's risk of injury from falling? _____

40. How do immunizations work to protect against disease? _____

