



Don't forget  
Your Fruit Or  
Vegetable!

# Northwest High School Lunch

Fresh Fruit and Vegetable Choices Served daily!

January  
2019

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



1

2

3

4

**HOM: Grapefruit**

Pulled Pork Sandwich  
Grapefruit Orange Coleslaw  
Crispy Chicken Nuggets  
Buffalo Chicken Salad  
Assorted Pizza

Homemade Salisbury Steak  
Crispy Chicken Sandwich  
Chef Salad  
Assorted Pizza

7

8

9

10

11

Biscuits & Gravy  
Scrambled Egg

Cheeseburger on Bun  
Buffalo Chicken Salad  
Assorted Pizza

Wing Bar

Turkey BLT Salad  
Crispy Chicken Sandwich  
Assorted Pizza

Philly Flatbread

Chili Dog  
Chef Salad  
Assorted Pizza

French Bread Pizza

Beef Taco Salad  
Spicy Chicken Patty on Bun  
Assorted Pizza

Chicken Alfredo w/Pasta  
Garlic Toast

Corn Dog  
Southwest Chicken Salad  
Assorted Pizza

14

15

16

17

18

Beef Chili  
Grilled Cheese Sandwich  
Ham Deli Sub Sandwich  
Harvest Chicken Salad  
Assorted Pizza

Chicken Philly Sandwich  
Cheeseburger on Bun  
Buffalo Chicken Salad  
Assorted Pizzas

Italian Stromboli  
Crispy Chicken Nuggets  
Chef Salad  
Assorted Pizza

Beefy Nachos with Cheese  
Grilled Chicken Sandwich  
Turkey Deli Sandwich  
Assorted Pizza

Meatloaf  
Spicy Chicken Patty on Bun  
Crispy Chicken Salad  
Assorted Pizza  
M&M Cookie

21

22

23

24

25

Beef Tips w/ Pasta  
Whole Grain Dinner Roll  
Chef Salad  
Spicy Chicken Patty on Bun  
Assorted Pizza

Chicken Fajitas  
Cheeseburger on Bun  
Buffalo Chicken Salad  
Assorted Pizza

Pasta with Meat Sauce  
French Bread  
Turkey Deli Sub Sandwich  
Crispy Chicken Sandwich  
Assorted Pizza

Cheesy Italian Flatbread  
Crispy Chicken Salad  
Corn Dog  
Assorted Pizza

28

29

30

31

Sweet n Sour Chicken Bites  
Brown Rice  
Whole Grain Dinner Roll  
Crispy Chicken Nuggets  
Chicken Caesar Salad  
Assorted Pizza

Lasagna Rollup with Sauce  
Garlic Toast  
Crispy Chicken Sandwich  
Turkey BLT Salad  
Assorted Pizza

Tex Mex Bowl  
Chili Dog  
Chef Salad  
Assorted Pizza

Oven Roasted Chicken  
Whole Grain Dinner Roll  
Beef Taco Salad  
Cheeseburger on Bun  
Assorted Pizza



### Prices

Regular	\$3.00
Reduced	\$.40
Adult	\$3.25
Extra Entrée	\$1.50

### HARVEST OF THE MONTH



### EXTRA INFO

For Questions or Concerns contact Cory  
Freeman at 740-259-2528 or at  
cory.freeman@nwmohawks.org

